

**"Build Brain"
Device
OR**

**(Brain
Therapeutic
Exercises)**

**Koorosh behzad
(Vet. Neuroscience Researcher)**

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This is not a scientific article;

**A work report is to inform
friends;**

**Because the description was too
long, I had to put it in the
archive site with word format.**

**These days I am busy writing
articles and books on "
Interaction law and its
pathology".**

**Also, I have a glimpse of HMT
theory (Psychological
dimensions of the theory of
"connecting brains with cosmic
memory") ; And I'm about to
complete a book about it, called
"The Magic of Bringing to Life".**

The book that I promised to my friends (Friends who have become familiar with my theories in recent years) will be published in one year But unfortunately, I could not complete it during this time.

In this chaotic market; A week ago, I was reviewing the results of "Build Brain" exercises; These results made me so happy that I decided to share this good news with my friends in the form of a simple work report.

With so much work to I must complete, I promise my friends that I will write a full article about what you are reading. I

even prepared title and the introduction of the article; ("Build Brain" Therapeutic and "Cognitive diseases") But I need to study more carefully to find the appropriate sources.

Also, it needs more detailed attention and expertise, which I will finish and publish as soon as possible.

**If you have followed my posts;
One of the effective treatment methods in Alzheimer's disease is the deep and continuous stimulation of patients five senses.**

This work is done directly or indirectly.

Direct means stimulating the centers in the brain that understand and store experiences.

Indirect stimulation means to stimulate the five senses and the corresponding centers in the brain by intelligently prescribing certain behaviors.

"Build Brain" therapeutic exercises are a combination of both and at the same time, a separate method; A method that uses brain modulators to treat cognitive diseases; But in a unique and different way.

And the important results that became the reason for writing this report:

Alzheimer's disease occurs as a result of genetic disorders and serious damage in the internal activities of neurons, which eventually lead to cell death.

This disease starts from the hippocampus and affects other parts of the brain. Among the most famous damages above, we can mention these two cases:

Accumulation of tau protein inside neurons(neurofibrillary tangles) and accumulation of

**amyloid beta proteins outside
neurons(betaamyloid plaques**

**). These injuries and many
other injuries that you
colleagues are aware of them
have increased so much in the
last few years that it is not
possible to treat each separately.**

**The damage to the various
components of the neuron is so
widespread that it has baffled
neuroscientists to find a
definitive cure. I believe that if
we know roots of disease and
seek treatment, it may be
possible to reach a definitive
treatment method. I assumed
that the root of all cognitive**

impairments especially Alzheimer's, goes back to genetic disorders; And continuous environmental changes and specific stress conditions have led to genetic changes. I decided to return these conditions to normal by prescribing special exercises and applying special conditions. So that we may see the gradual changes of genes to the norm. I named these exercises "Build Brain" . These exercises gradually became more complete, So, "Build Brain" Therapeutic and the idea of making a device for better Alzheimer's treatment became.

**a device to perform brain
Therapeutic exercises.**

**We need the support of
investment companies to build
"Build Brain device" We need a
device to perform brain training
exercises. Unfortunately, this is
not practical as long as I am in
Iran due to nonsense
circumstances.**

**So, I did exercises and treatment
methods of Build Brain
traditionally (Manual method),
incompletely or without
advanced devices.**

**To do Buildbrain exercises
traditionally,, you need places
like bathtub and swimming**

pool; We ready the head with water and natural slippery materials (I mean, lubricating sap from the roots of certain plants; Also, according to the design of the Build Brain device, water therapy was supposed to be a part of Alzheimer's treatment, but unfortunately, in the traditional method, we are limited to wetting the head.).

In the next step, With very delicate and purposeful fingers, we massage certain points of the head. this that What parts of the head should we massage is very important in treatment and prevention topics And you get

different results; also, The duration of the massage and its continuity is very important; If the Build Brain device is made, in addition to massage, you will also have strong water circulation around the head.

Follow these tips have an amazing effect on brain diseases, especially Alzheimer's. It improves the functioning and symptoms of autism. It cures epilepsy and migraine to a great extent. Understanding which points of the head and why these points should be massaged is related to the understanding of

"Satellite communications of the brains" theory .(Note that these results were obtained with the traditional method of treatment and without the Build Brain device)

If I want to describe the results very modestly and without exaggeration, At least, it prevents some diseases caused by brain disorders from becoming acute; Also, the therapeutic effects of Buildbrain on the above diseases are evident. It is obvious that to provide more accurate and scientific results, more experiments are needed;

**Although our facilities in Iran
are unfortunately very limited**

**But the good news is, for
starters, the results have
exceeded expectations!**

**I hope as soon as possible to
reach an acceptable treatment
method for the majority of
cognitive diseases, especially
Alzheimer's, and have good news
for you dear ones.**